




shelby bottoms nature center


Summer 2019 Events


June

First Saturday Bird Friendly Coffee	Saturday, June 1 9 am - 12 pm All ages No registration	 Coffee drinkers who enjoy Shelby Bottoms are welcome to join us for a free cup of some of the tastiest, shade-grown, certified "Bird-Friendly" coffee around. Learn about the connection between bird habitat and coffee while you enjoy a cup to fuel your morning on the trail. Like the coffee? You can buy a whole bag or a one-pot sample bag on site! Host: John Michael Cassidy and Jim Hicks
Nature Craft	Thursday, June 6 10 - 11 am Ages 12+ Registration required	Art is therapy. Come out to the Nature Center and let's make something beautiful to celebrate nature! Leader: Julie Henry
Early Morning Birding	Friday, June 7 7 - 8 am All ages Registration required	Come join us for an early morning bird walk to see which of our feathered friends are out and about. We'll meet on the front porch and go enjoy the sounds of the forest waking up! Leader: Shelby Miller, Seasonal Naturalist
Blackberry Picking Party	Saturday, June 8 10 - 11 am All ages Registration required	Join us for a short stroll to harvest a modest amount of wild blackberries and to celebrate the beginning of the harvesting season. We will learn ways to pick responsibly and sample lemonade garnished with fresh blackberries! Leader: Christie Wiser
Mud Painting Party	Saturday, June 8 11 am - 1 pm All ages No registration	What's the best way to kick off your summer? How about playing in mud?! Join us under the back deck of the Nature Center where we will provide the mud, brushes, and fun! Leader: Libby Williams, Seasonal Naturalist
Pick & Jam	Saturday, June 8 1 - 3 pm All ages Registration required	Stop by the Nature Center to sample some homemade blackberry jam made from Shelby Bottoms wild blackberries while we tune into one of our fun back porch pickin' parties. If you have an instrument and want to join in, please do! Host: Christie Wiser and SBNC staff
Nature Art Camp	Tuesday, June 11 through Friday, June 14 12 - 3 pm Ages 8 - 12 Registration required	If you have mad love for nature and art, this is the day camp for you! We will create art out of elements found in nature, and use recycled material to make nature-inspired pieces. Space is limited and you MUST REGISTER by June 8th . \$40.00 materials fee per camper. Leader: Christie Wiser and local artists
It's the Balm (night series)	Thursday, June 13 6 - 7 pm Ages 21+ Registration required	Make your very own tube of lip balm with simple ingredients. We will even have some essential oils on hand to give your homemade lip balm a "mood lifting" scent! If you have a previously-used makeup receptacle that you want to reuse to hold your lip balm, clean it and bring it. Space is limited. Leader: Christie Wiser
Sunset Paddle	Thursday, June 13 6:30 - 8:00 pm Ages 18+ See registration info to right	This is an easy beginner paddle that will begin at Shelby Park and end at East Bank Greenway downtown. Great photo opportunities and a great way to end the day! To register: email jon.dodson@nashville.gov Instructors: Jon Dodson and John Michael Cassidy

 Shelby Bottoms
Nature Center
1900 Davidson St.
Nashville, TN 37206
615-862-8539

 sbnc.nashville.gov
  
shelbybottomsnature@nashville.gov

 Shelby Bottoms Nature Center:
Tues/Thurs/Sat: 9 am - 4 pm
Wed/Fri 12-4pm, Sun/Mon: Closed
Shelby Bottoms Greenway:
Dawn to dusk 365 days per year!

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ADA accommodation—(615) 862-8539 



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Nature EXPLORE	Friday, June 14 9:30 - 10:30 am Ages 3 - 10 Registration required	Meet us for a fun hour of exploring and playing in nature around the Shelby Bottoms campus! We will use our eyes and ears to observe and inspect different wild areas around the river bottoms. Leader: John Michael Cassidy
Ecology Trail Scavenger Hunt	Friday, June 14 11 am - 12 pm All ages; Registration required	Explore our Ecology Trail and search for wildlife along the way. After we fill out our scavenger hunt sheets, we will come back for prizes! Leader: Libby Williams, Seasonal Naturalist
A Walk Through Wetlands	Saturday, June 15 10 - 11 am All ages Registration required	Let's take a walk on the wetland side! Bring your mud boots and let's explore Shelby Bottoms' many wetland habitats and discover the creatures that live there! Why should we love and protect wetlands? Wetland habitats are essential to life on Earth; come find out how! They are also home to a rich diversity of wildlife, so let's go find some! Leader: Julie Henry
Stones River Paddle	Saturday, June 15 3 - 6 pm Ages 13+ See registration info to right	This is a beginner's paddle! We'll take a short trip from the J Percy Priest Dam Trailhead to Heartland Park Trailhead of the Stones River Greenway. \$25.00 per person. To register: email jon.dodson@nashville.gov . Instructors: Jon Dodson and John Michael Cassidy
Moonlight Hike & Campfire	Tuesday, June 18 8 - 9:30 pm All ages Registration required	Kick off the week that welcomes summer with a moonlight hike (under an almost full moon) and a campfire with s'mores! Leaders: Christie Wiser and John Michael Cassidy
Bug Hunt	Thursday, June 20 9:30 - 11:30 am All ages; No registration	Join us as we take a walk around the park to see how many creepy crawlers we can find! Leader: Briana Wilson, Seasonal Naturalist
Longest Day Eve Sunset Walk @ Cornelia Fort Trailhead	Thursday, June 20 7:30 - 8:30 pm All ages Registration required	As the sun sets on this last night of spring, we will take a short walk to enjoy the insect, bird, and mammal activity in the open meadows at the Cornelia Fort Air Park Trailhead in Shelby Bottoms. Leader: John Michael Cassidy

It's summer! Summer solstice arrives at 10:54 AM!

World Make Music Day



Friday, June 21
3:00 pm
All ages
No registration

Location: Shelby Bottoms and multiple sites around Nashville and beyond!
Check out the schedule at: <http://www.makemusicday.org/>

Make Music is a free celebration of music around the world on June 21st. Launched in 1982 in France as the Fête de la Musique, it is now held on the same day in more than 1,000 cities in 120 countries. Completely different from a typical music festival, Make Music is open to anyone who wants to take part. Every kind of musician — young and old, amateur and professional, of every musical persuasion — pours onto streets, parks, plazas, and porches to share their music with friends, neighbors, and strangers. All of it is free and open to the public. Shelby Bottoms will host Ngawang Losel, who will perform Folk Tibetan songs and some melody songs written in English as well, which incorporates a vocal interactive music session, plus singing bowls and Gongs to add a taste of ancient sounds. He will also offer free private sound sessions off the stage.


Shelby to Stones Satellite Site!


Saturday, June 22
10 am - 2 pm
All ages
No registration

Shelby Bottoms connects to another dynamic Greenway creating 16+ miles of paved trails! Come see us at what we are calling our Satellite Nature and Outdoor Recreation Center at Stones River Greenway's J. Percy Priest Dam Trailhead! You'll find restrooms, a dog park, and a non-motorized boat access. We'll have trail maps, outdoor rec and nature centers info, binoculars, puppets, and more!

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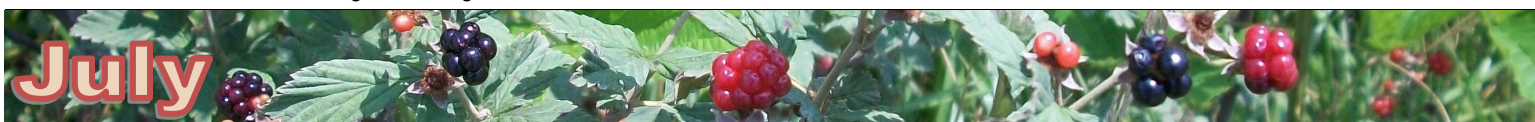
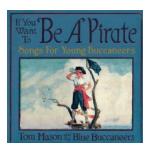



Shelby Bottoms Nature Center Summer 2019 Events

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METRO
PARKS
NASHVILLE

Summer Celebration!	Saturday, June 22 1 - 3pm All ages No registration	It's the first Saturday of summer and we are commemorating it with fun nature activities, crafts, and lemonade! This is an open-house style event, so drop in any time between 1 and 3. Leader: Christie Wiser
Sunset Paddle	Wednesday, June 26 6:30 - 8:00 pm Ages 18+ See registration info to right	This is an easy beginner paddle that will begin at Shelby Park and end at East Bank Greenway downtown. Great photo opportunities and a great way to end the day! To register: email jon.dodson@nashville.gov Instructors: Jon Dodson and John Michael Cassidy
Crawdad Shuffle	Thursday, June 27 12 - 1 pm All ages Registration required	Learn what macroinvertebrates are and what the crawdad shuffle is! We will then go explore the ponds in the park to see what we can find and learn more about the aquatic ecosystems in our backyard. Leader: Shelby Miller, Seasonal Naturalist
Captain Tom Mason, The Blue Buccaneer, with his fiddling friend Sage Snider	Saturday, June 29 10:00 am All ages No registration	Captain Tom and his fiddling friend Sage are sailing up the Cumberland to play songs from the latest Tom Mason and the Blue Buccaneers CD, "If You Want to be a Pirate: Songs for Young Buccaneers," and gathering crew to sing and dance for a 45 minute voyage of the imagination. Leader: Captain Tom Mason, The Blue Buccaneer
Meet the Park Police ATV Unit	Saturday, June 29 1 - 2 pm All ages; No registration	Come check out Police ATVs and get to know your Park Police officers! Bring your best questions and learn the ins and outs of patrolling in our parks. Leader: Metro Park Police and SBNC Staff











The Nature Center will be closed Thursday, July 4 in observance of Independence Day. Happy 4th of July! 

13th Annual Music City Hot Chicken Festival	Thursday, July 4 10:30 am - 3 pm East Park in East Nashville For more info: https://hot-chicken.com/festival/	Created in 2007, the annual Music City Hot Chicken Festival brings together the local community and visitors to celebrate the uniquely Nashville dish, Hot Chicken. Visitors can enjoy Hot Chicken from Nashville's best Hot Chicken establishments, cold beer from Yazoo, and other delicious edibles from local vendors. Live music from local bands keeps the "Nashville" vibe going all day long and visitors can look on while five teams try their hand at cooking up their version of Hot Chicken in the Amateur Cooking Competition. The event ends at 3 pm, when visitors can make their way downtown for the annual fireworks display. The annual Music City Hot Chicken Festival proceeds benefit our very own Friends of Shelby Park & Bottoms!
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Early Morning Bird Walk	Friday, July 5 7 - 8 am All ages; Registration required	Let's go for a walk around the campus to see what birds we can find on an early July morning. Meet on the front porch. Leader: Shelby Miller, Seasonal Naturalist
First Saturday Bird Friendly Coffee	Saturday, July 6 9 am - 12 pm All ages No registration	Coffee drinkers who enjoy Shelby Bottoms are welcome to join us for a free cup of some of the tastiest, shade-grown, certified "Bird-Friendly" coffee around. Learn about the connection between bird habitat and coffee while you enjoy a cup to fuel your morning on the trail. Like the coffee? You can buy a whole bag or a one-pot sample bag on site! Host: John Michael Cassidy and Jim Hicks



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Bracelet Making	Saturday, July 6 10 - 11:30 am All ages; Registration required	Come and join us to learn how to make some simple bracelets to share with your friends. Some we will make out of string and some we will make out of flowers we will pick ourselves! Leader: Libby Williams, Seasonal Naturalist
Self Aware Creations' Art in the Park	Saturday, July 6 2 - 3:30 pm All ages Registration required	Self Aware Creations was founded to help those suffering from mental health disorders through the arts. For this program, they will combine art therapy and nature, as being in a natural setting often helps individuals relax and open up their creative mind. Like Bob Ross would say, "Happy Trees" (while painting). There will be a licensed art therapist who will explain how art therapy helps, followed by creating your own art project. Paint, coloring sheets, pastels, crayons, markers, colored pencils, and clay will be available for individuals to choose which medium they would like to try. Leader: Amanda Perez, Founder of Self Aware Creations - who has worked through art therapy herself with success!
For the Love of Bees	Wednesday, July 10 1 - 2 pm All ages; No registration	Buzz on over to the Nature Center for an afternoon about bees! We will learn some facts about bees and their importance in nature. Stick around afterwards for some fun bee crafts! Leader: Briana Wilson, Seasonal Naturalist
Nature Detectives: Tree ID	Thursday, July 11 11 am - 12 pm All ages Registration required	Have you ever wondered about trees at Shelby Park? This kid-friendly hike will explore simple ways to ID trees, including what "clues" to look for. We'll also learn about animals and insects that live in trees here in Nashville. Nature Detectives of all ages are welcome. Dress for the weather -- detective work can get dirty! Leaders: Amanda Healan & Melissa Fuller, Volunteer Naturalists
It's the Balm (night series)	Thursday, July 11 6 - 7 pm Ages 21+ Registration required	Make your very own tube of lip balm with simple ingredients. We will even have some essential oils on hand to give your homemade lip balm a "mood lifting" scent! If you have a previously-used makeup receptacle that you want to reuse to hold your lip balm, clean it and bring it. Space is limited. Leader: Christie Wiser
Bike Ride along the Cumberland River	Thursday, July 11 7 - 8:30 pm Ages 10+ Registration required	Join us for a bike ride at dusk through the bottomlands in Shelby to view various migratory birds feeding on insects over the Cumberland River atop the John Seigenthaler Pedestrian Bridge in downtown Nashville. Helmet required. Leader: John Michael Cassidy
Nature PLAY	Friday, July 12 9 - 10 am Ages 3 - 10 Registration required	Meet us for a fun hour of exploring and playing in nature near the Nature Center! A few stuffed animals will join us to create an adventurous story! Will you be able to help the family of Virginia The Opossum reunite after their wild weekend at the river or Tim Id The Flying Squirrel overcome his fear of heights to cross the creek? Leader: John Michael Cassidy & Volunteers
iCan Take Photos	Saturday, July 13 10 - 11 am Ages 12 + Registration required	You don't have to spend thousands of dollars on equipment to take beautiful shots. With an understanding of the basics, you can have the confidence to master the skill of setting up and taking a great shot. So bring your iPhones and lets go outside! The field will be our classroom! Leader: Julie Henry
Sunset Soiree	Saturday, July 13 7 pm All ages Registration preferred	Enjoy the music of talented local bluegrass band, Clinchfield , on the special events lawn by the Nature Center while the sun sets. Bring a blanket and picnic if you so desire. We will have some fun nature activities and a craft table. Well behaved and leashed dogs are more than welcome to join. Leader: Christie Wiser & SBNC staff
Summer Full Moon Hike	Tuesday, July 16 8:30 - 9:30 pm All ages; Registration required	Join us for one of our popular night programs where we circle the one mile loop, listen for sounds of wildlife, and moon gaze! Leader: Christie Wiser

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Slithery Snakes	Wednesday, July 17 2 - 3 pm All ages No registration	Slither on in to Shelby Bottoms Nature Center to learn about snakes! We'll see what's venomous and nonvenomous, and what kinds of snakes are native. We will also meet our resident corn snake, play some games, and take a walk to see if we can find some of the snakes that call Tennessee home. Leader: Shelby Miller, Seasonal Naturalist
Wildlife Walk: Dusk in the Bottomlands!	Thursday, July 18 7 - 8:15 pm All ages Registration required	As the sun sets in midsummer, numerous species of wildlife in the park take advantage of the cooler nights in the bottomlands! We will check out a few places that are hotspots for activity before darkness gives them more cover! We'll meet at the Cornelia Fort Air Park Trailhead. Stroller friendly. Leader: John Michael Cassidy
Slimy Science	Friday, July 19 10 - 11:30 am All ages; Registration required	Do you like slime? Do you like science? Well then, this is the place for you. Let's explore the magic of slime while we make some along the way! Leader: Libby Williams, Seasonal Naturalist
Shelby to Stones Satellite Site!	Saturday, July 20 10 am - 2 pm All ages No registration	Shelby Bottoms connects to another dynamic Greenway creating 16+ miles of paved trails! Come see us at what we are calling our Satellite Nature and Outdoor Recreation Center at Stones River Greenway's J. Percy Priest Dam Trailhead! You'll find restrooms, a dog park, and a non-motorized boat access. We'll have trail maps, outdoor rec and nature centers info, binoculars, puppets, and more!
Back Porch Ice Cream Social & Pickin' Party	Saturday, July 20 1 - 3 pm All ages; Registration required	This is a WIN-WIN: ice cream and a back porch pickin' party! Bring a string instrument if you want to join in the picker's circle or just come to listen and sample some ice cream! Leader: Christie Wiser
The Wildlife Trade	Thursday, July 25 7 - 8 pm Ages 13+ Registration required	Exotic animals are being loved to death; and for many species, to the brink of extinction. How is this happening? Illegal (and legal) buying, selling, and breeding are responsible for the abuse of many of our favorite animals. Find out some of the dark secrets of the animal underworld, and what you can do to help. Leader: Julie Henry, SBNC Naturalist and wildlife investigator in Southeast Asia since 2009.
Trees of Life	Friday, July 26 9:30 -10:30 am All ages No registration	Enjoy the beautiful greenery that Shelby Bottoms offers as we learn some fun facts about our trees in the park, along with the reading of a popular tree-themed children's book. Leader: Briana Wilson, Seasonal Naturalist
A Midsummer Night's Bats	Friday, July 26 7 - 8 pm All ages Registration required	Come learn about the bats that fly through our skies! We'll learn about the kinds of bats that live here in Middle Tennessee, and then we'll check our own bat houses, followed by a campfire under the night sky. Leader: Shelby Miller, Seasonal Naturalist
Disaster, Travel, Wilderness First Aid Certification Course	Saturday and Sunday July 27 and July 28 8:30 am - 6:30 pm Ages 12+ with focused attention spans Registration required at: www.solowfa.com Workshop fee: \$195—A portion will be donated to SBNC!	What if you find yourself in a disaster zone or your travels have taken you deep into nature or the rural countryside and far from a hospital? Accidents, destructive weather, and terrorism happen. Make sure you know how to handle an accident if the worst were to happen. In this 2 day course, classroom instruction and Q&A are interwoven with practical work and problem-solving exercises. Hands-on experience during scenarios comprise ~50% of class. You will earn the SOLO Wilderness First Aid 2-year certification, approved by the ACA, BSA, GS-USA, BCUNA & more. No prerequisites are required. Leader: MEDIC SOLO Disaster and Wilderness Medical School



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Cornelia Fort Pickin' Party



Saturday, July 27
6 - 10 pm
All ages
For more info or to purchase tickets:
www.corneliafortpickinparty.org

Pickin' with a Purpose! The Cornelia Fort Pickin' Party combines the tastes and talents of East Nashville to help preserve one of the city's most unique landmarks, the Cornelia Fort Air Park in Shelby Bottoms Greenway. The music series will continue once a month, starting again in 2019, offering music from area bluegrass bands, craft beer, and purveyors of fine local foods. Musicians are encouraged to bring banjos, fiddles, guitars, dobros, and mandolins to gather in groups and play the night away (and bringing your instrument with you gets you a free drink). All proceeds from the event series will go towards revitalization projects at the Cornelia Fort Air Park.

Nature BUILD

Wednesday, July 31
9 - 10 am
Ages 3 - 10
Registration required

Meet us for a fun hour of exploring and playing in nature on the Shelby Bottoms campus! At Nature Play, we might build a boat to float down the creek and then have to work on a shelter for our characters to brave the wilds of the forest! Leader: John Michael Cassidy

August

Bike Ride: Nature in the City

Thursday, August 1
7 - 8:30 pm
Ages 12+
Registration required

Join us for a tour of Shelby Park and Bottoms on two wheels to explore the park before the sun sets. We will stop by highlighted areas in Shelby Bottoms: wetlands, ponds, fields, woods, etc. **Helmet required.** Leader: John Michael Cassidy

Summer Morning Bird Watching

Friday, August 2
7 - 8 am
All ages; Registration required

Come join us on this August morning, to look for birds and enjoy the nature around us! It promises to be a relaxing morning, for all who love birds and the outdoors. Meet on the front porch. Leader: Shelby Miller, Seasonal Naturalist

Shelby Bottoms Poetry Night

Friday, August 2
7 - 8 pm
All ages
Registration required

Join us for a fun-filled night of nature-themed poetry, snacks, and games! Leader: Briana Wilson, Seasonal Naturalist

First Saturday Bird Friendly Coffee

Saturday, August 3
9 am - 12 pm
All ages
No registration



Coffee drinkers who enjoy Shelby Bottoms are welcome to join us for a free cup of some of the tastiest, shade-grown, certified "Bird-Friendly" coffee around. Learn about the connection between bird habitat and coffee while you enjoy a cup to fuel your morning on the trail. Like the coffee? You can buy a whole bag or a one-pot sample bag on site! Host John Michael Cassidy and Jim Hicks

Classroom Cooldown (Pickin' Party & Lemonade)

Saturday, August 3
1 - 3 pm
All ages
Registration required

Needing a break from the summer sun?! Cruise into our big classroom for one of our popular pickin' parties and lemonade. We will also have a fun summer-inspired craft to create! Leader: Christie Wiser & SBNC staff

Tennessee at Night

Saturday, August 3
7 - 8 pm
All ages
Registration required

Join us to learn whoooooo soars through Tennessee's forests at night! We'll learn about owls and then take a hike through the woods in the dark to see what creatures are up and about. Leader: Shelby Miller, Seasonal Naturalist

Ice Cream & Tomatoes! (and other additions!)

Tuesday, August 6
12 pm and 6:30 pm
All ages
Registration required

Stop by at midday or before the sun sets for some simple ice cream that just needs a few ingredients to make your own! A sweet program that has been a big hit and "discovery" of new edibles for kids and adults alike. Hummingbirds will be most active on the porch for the later crowds. Leader: John Michael Cassidy



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Insects: Paradise Lost	Thursday, August 8 10 - 11 am All ages Registration required	If we suddenly lost all the insects on earth, the rest of life on earth would soon be lost. Learn why we should love insects then let's go explore! We'll look for insects that live at Shelby Bottoms this time of year. Leader: Julie Henry
It's the Balm (night series)	Thursday, August 8 6 - 7 pm Ages 21+ Registration required	Make your very own tube of lip balm with simple ingredients. We will even have some essential oils on hand to give your homemade lip balm a "mood lifting" scent! If you have a previously-used makeup receptacle that you want to reuse to hold your lip balm, clean it and bring it. Space is limited. Leader: Christie Wiser
Shelby to Stones Satellite Site!	Saturday, August 10 10 am - 2 pm All ages No registration	Shelby Bottoms connects to another dynamic Greenway creating 16+ miles of paved trails! Come see us at what we are calling our Satellite Nature and Outdoor Recreation Center at Stones River Greenway's J. Percy Priest Dam Trailhead! You'll find restrooms, a dog park, and a non-motorized boat access. We'll have trail maps, outdoor rec and nature centers info, binoculars, puppets, and more!
"Dog Days of Summer" Full Moon Hike	Thursday, August 15 8:30 - 9:30 pm All ages Registration required	Mosey and moon gaze with us around the one mile loop. Feel free to bring your well behaved and leashed canine friends if you like. Leader: Christie Wiser
Fossil Hunting in Nashville	Saturday, August 17 10 - 11 am All ages Registration required	Come join us for a presentation about common fossils which can be found at several fossil hunting sites in the Nashville area that are highlighted in the Tennessee Geological Survey's Fossil Hunting in Nashville guide. The discussion will focus on what they look like and how the animals that left them behind lived when they were alive, including their lifestyle and eating habits. Examples of how many of these fossils appear in the rocks will be on display, and copies of the fossil hunting guide will also be available. Leader: State Geologist Ron Zurawski
Hummingbird Party!	Thursday, August 22 6:30 pm - Dark All ages Registration required	Come watch a great spectacle on the porches as a bounty of hummingbirds feed and fuss around the many feeders before they roost for the evening. Participants can help observe specific feeders to feed data into a national Hummingbird Feeder-Watch citizen science program. Leader: John Michael Cassidy
Cornelia Fort Pickin' Party 	Saturday, August 24 6 - 10 pm All ages For more info or to purchase tickets: www.corneliafortpickinparty.org	Pickin' with a Purpose! The Cornelia Fort Pickin' Party combines the tastes and talents of East Nashville to help preserve one of the city's most unique landmarks, the Cornelia Fort Air Park in Shelby Bottoms Greenway. The music series will continue once a month, starting again in 2019, offering music from area bluegrass bands, craft beer, and purveyors of fine local foods. Musicians are encouraged to bring banjos, fiddles, guitars, dobros, and mandolins to gather in groups and play the night away (and bringing your instrument with you gets you a free drink). All proceeds from the event series will go towards revitalization projects at the Cornelia Fort Air Park.
Coloring in the Classroom	Saturday, August 31 All day All ages No registration	Astronomical summer might not end until 2:50 am on September 23, but it's the last weekend of unofficial and meteorological summer. School is back in session and it's probably hotter than Nashville's chicken outside, so come in, cool off, and color! We'll have dozens of designs for all ages along with crayons and pencils.

The Nature Center will be closed on Tuesday, September 3 in observance of Labor Day.

 <p>Shelby Bottoms Nature Center 1900 Davidson St. Nashville, TN 37206 615-862-8539</p>	 <p>sbnc.nashville.gov    shelbybottomsnature@nashville.gov</p>	 <p>Shelby Bottoms Nature Center: Tues/Thurs/Sat: 9 am– 4 pm Wed/Fri 12–4pm, Sun/Mon: Closed Shelby Bottoms Greenway: dawn to dusk 365 days per year!</p>	 <p>To register for programs, call, email, or sign up online. Programs could be cancelled due to inclement weather or low participation. <small>ADA accommodation—(615) 862-8539</small> </p>
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